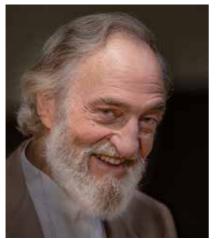
Man Center Monastery of Sargiano – 52100 Arezzo (Italy)

MESSAGE FOR CHRISTMAS 2019 AND NEW YEAR 2020





Dear beloved Ones,

At the end of every year, the upcoming festivities bring us to make an assessment of what we have achieved during the course of the last twelve months, in the search for the Authentic Happiness that all human souls yearn for since they appeared on this physical plane. Unfortunately, the attention of most people seems, in this age, to be turned to illusory and material goals that try in vain to replace the realization of oneself and

God, the Source of all Knowledge and Bliss.

The Path of the spirit toward its own Goal proceeds like the waves of the sea, that by rising and lowering finally throw the cork on the tranquil shore, after it crossed tempestuous, agitated seas.

Shadows and lights accompany the lives of human beings: fortunate and wise is the one who, by following the Divine Path traced by the Master of Truth, makes the Light continually illuminate his life, leaving no space for the shadows that *Maya* – mistress of illusion – tries to throw on his Path.

The Way taught by the highest Masters of the Spirit is so simple that only the purest souls are able to practice it with success. The Great Master Kirpal Singh summarized it with these words that even a child can understand: "Good thoughts, good words and good deeds, together with the practice of daily Meditation." To reach the Goal rapidly, everything that turn away us from the Main Road must be abandoned in order to live happily in the world without being prisoners of it.

Master Power, Christ Power or God Power is not confined to a

particular time or place but works without any limitations of time or space for the realization of the Divine Plan on our Planet. Those who have been called upon to perfect themselves and work in the *Vineyard of the Master* can be sure that they will enjoy His constant protection and loving help and they will be conducted safely to the yearned Goal. The time it takes each one to reach this desired Target depends on the commitment he, with the guide of the Master, can put into this, which is the authentic goal of human life.

One who enjoys the protection of the Master can rest assured that upon leaving this physical plane he will not undergo any inflexible judgement, but his actions will be evaluated only according to the *Law of Love*. It was Christ who came to substitute for his disciples the hard law of retaliation from the Old Testament of the Bible, with the more suave one of mercy and love which the Living Master's fortunate disciples can enjoy even now. Christ brought men the Celestial Light and the Divine Vibrating Word that reopened for them the doors of Salvation and Freedom. This is the authentic reason why after 2000 years his Christmas continues to be the most celebrated Festivity of the whole year, with multicolored lights and songs of jubilee, even if people have forgotten its real reason.

I hope that most of you, by looking at the past year, can say that your Path in the Divine Light and Harmony, even with the inevitable difficulties of existence, has made definite progress. You will realize that your life flows along daily with more serenity and love, in the devotion of the Word of the Master, bearer of joy and peace.

In this difficult period in the history of mankind, may the words come true of Christ: "That they all may be one"* and of Guru Nanak: "May there be peace in the whole world, under Thy will, o Lord."

To all of you I wish a Christmas full of Light and a New Year bearing Divine peace and joy.

Affectionately yours,



Pier Franco Marcenaro

Berna